



女子泰拳對打同樂日

Girls Sparring Fun Day



截止報名日期：2024-07-04 (星期四)

日期及時間 DATE & TIME	: 2024-08-04 (星期日) 下午三時至五時 2024.08.04 (Sunday) 03:00 – 05:00PM
地點 LOCATION	: RAY'S Muaythai & Fitness (Prince Edward) 旺角旺角道 33 號凱途發展大廈 5 樓全層

報名需知 Details & Regulations :

1. 參賽資格 Qualifications :

- 只限女性 Female Only

2. 參賽費用 Entry Fee :

- 費用全免 Free of Charge

3. 對打規則及禮儀 Rules and Sparring Etiquette :

- 互相尊重 Respect each other, No Egos.
(每位參加者都是不同程度，不應抱住要贏的心態參加是次活動)
(Everyone is at a different level, Everyone is here to learn and have a chance to spar with other girls.)
- 控制對打力度 Control your power
(建議對打前與其他參加者溝通)
(It is recommended to communicate with other participants before sparring.)
- 不可擰/膝撞頭部或面部 No knees or teeps to the face
- 不可打肘 No Elbows
- 聆聽各委員指示 Listen to the committee members

4. 比賽裝備 Equipment : (均需自備) (Bring your own equipment)

- 手帶 Hand Wraps
- 16 安士拳套 16oz Gloves
- 護牙膠 Mouth Guard
- 護陰 Groin Protector
- 護腳脛 (非襪款) Shin Guards (Not Cotton Ones)
- 頭盔 (選擇性) Head Guard (Optional)
- 毛巾及水 Towels & Water

報名方法 Registration :

請填妥以下報名表格，連同香港身份證副本親身交回、郵寄至本會或傳真至 37092730 或電郵 hkmta@hkolympic.org 或 WhatsApp 至 91707196 / 93123557

Please complete the registration form below and submit it in person, along with a copy of your Hong Kong ID card, to our association. Alternatively, you can mail it to our office, fax it to 37092730, email it to hkmta@hkolympic.org, or send it via WhatsApp to 91707196 / 93123557.

地址：九龍青山道 489-491 號 香港工業中心 A 座 6 樓 6F 室

如有垂詢，請致電 37068948 查詢。If you have any inquiries, please contact us at 37068948 for further assistance.

『女子泰拳對打同樂日』申請表格
『Girls Sparring Fun Day』 Application Form

拳手姓名/ Name of Contestant :		(中文)	(Eng)
年齡/ Age :	出生日期/Date of Birth :		
		(日/DD)	(月/MM) (年/YYYY)
香港身份證號碼/HKID No. :	電話/Contact No. :	電郵/E-mail :	
屬會全名/Name of Affiliated Club :			
教練姓名/Name of Coach :			
體重級別/ Weight Category :	組別(請刪除不適用者)/Division (Please delete if inappropriate) :		
至 to 磅/lb	女少年 Female Junior / 女子 Female		
往績/ Records :	場/ Bouts 勝/ W 負/ L 和/ D 擊倒/KO		其它非本會監場及/或非泰拳賽事 Non-Sanctioned and/or Non-Muaythai Fights : 場/ Bouts
健康狀況/ Health Declaration :	良好/ Good	要長期服用藥物/ Under medications 詳情/ Details :	
聲明 Declaration			
<p>本人(參賽者姓名)_____謹此聲明，上述資料皆確實無誤，本人明白上述資料，如有虛假，則將被取消申請或參賽資格，並同時作出聲明，如本人因健康、體能、個人技術或其他原因所導致的任何傷亡，概由本人負責，與主辦單位無關。</p> <p>I (name of contestant)_____ declare that all the particulars entered in this form are true and correct to the best of my knowledge and understand that any false information entered will lead to disqualification of my application. I shall take full responsibility for any injury or death which may sustain/ arise directly or indirectly as a result of this activity.</p> <p>*如有參加者違反上述規矩，女子委員會成員有權要求該名參加者暫停參與及離開。 *If any participates against the above rules and etiquette, the female committee members have the right to stop and ask the participate to leave the event.</p> <p>*請小心保管財物，中國香港泰拳理事會 將一概不會就任何在場內發生的盜竊或遺失個人物品事件負責。 *Be aware of all your personal belongings. "HKMTA" shall not take the responsibility for any loss or damage to any personal property.</p> <p>*活動上拍攝之相片，影音，影片將有可能用作宣傳用途。 *The photographs, videos, and audio recordings taken during the event may be used for promotional purposes.</p> <p>* 本人已閱讀及明白以上各項細則 I have read and understood all the terms and conditions mentioned above.</p>			
_____ 參賽者簽名 Signature of Contestant	_____ 家長監護人簽名 (18 歲以下參賽者適用) Signature of Parent/ Guardian (IF Contestant is under 18)	_____ 屬會授權簽名及蓋章 Authorized Signature & Seal of Club	
_____ 日期/Date	_____ 日期/Date	_____ 日期/Date	